

## Curriculum Vitae - Elise K. Kalokerinos

---

School of Psychology, Faculty of Science, The University of Newcastle  
 Behavioural Sciences Building – W210, University Drive, Callaghan NSW 2308 Australia  
 Email: [elise.kalokerinos@newcastle.edu.au](mailto:elise.kalokerinos@newcastle.edu.au) | Web: [www.elisekalokerinos.com](http://www.elisekalokerinos.com)  
 Phone: (+61 2) 4921 8781

### EDUCATION

---

**PhD** (Social Psychology), June, 2010 – June, 2014 2014  
 The University of Queensland, Australia  
 Advised by Professor Bill von Hippel & Dr Courtney von Hippel

**Bachelor of Psychological Science** (Honours) 2009  
 The University of Queensland, Australia

### EMPLOYMENT

---

**Lecturer/ARC Discovery Early Career Research Fellow** Feb 2018 -  
 The University of Newcastle, Australia current

**Postdoctoral Research Fellow** March 2016 -  
 KU Leuven – University of Leuven, Belgium Feb 2018  
 Marie Skłodowska-Curie Individual Fellowship

**Postdoctoral Research Fellow** Oct 2014 -  
 KU Leuven - University of Leuven, Belgium Feb 2016  
 Advised by Professor Peter Kuppens

**Tutor** 2010 - 2013  
 School of Psychology, University of Queensland, Australia

### PUBLICATIONS

---

\* *Shared First Authorship*

*Total publications = 25, 12 first author*

*Total peer-reviewed journal articles = 22, 11 first author*

*Total peer-reviewed book chapters = 3, 1 first author*

#### **PEER-REVIEWED JOURNAL ARTICLES**

Slepian, M. L., Kirby, J. N., **Kalokerinos, E. K.** (in press). Shame, guilt, and secrets on the mind. *Emotion*. Accepted September 17, 2018.

Dejonckheere, E., **Kalokerinos, E. K.**, Bastian, B., & Kuppens, P. (in press). Poor emotion regulation ability mediates the link between depressive symptoms and affective bipolarity. *Cognition and Emotion*. Accepted September 12, 2018

- von Hippel, C., **Kalokerinos, E. K.**, Haantera, K., & Zacher, H. (in press). Age-based stereotype threat and work outcomes: Stress appraisal and rumination as mediators. *Psychology and Aging*. Accepted September 12, 2018.
- Millgram, Y, Sheppes, G., **Kalokerinos, E. K.**, Kuppens, P., & Tamir, M. (in press). Do the ends dictate the means in emotion regulation? *Journal of Experimental Psychology: General*. Accepted June 5, 2018.
- Greenaway, K. H., & **Kalokerinos, E. K.** (in press). The intersection of goals to experience and express emotion. *Emotion Review*. Online First Publication. doi: 10.1177/1754073918765665
- Greenaway, K. H.\*, **Kalokerinos, E. K.**,\* & Williams, L.A\*. (2018). Context is everything (in emotion research). *Social and Personality Psychology Compass*. Online First Publication. doi: 10.1111/spc3.12393
- Greenaway, K.H., **Kalokerinos, E.K.**, Murphy, S.C., & McIlroy, T. (2018). Winners are grinners: Expressing authentic positive emotion enhances reputation in performance contexts. *Journal of Experimental Social Psychology*. Online First Publication. doi: 10.1016/j.jesp.2018.03.013
- Erbas, Y., Ceulemans, E., **Kalokerinos, E. K.**, Houben, M., Koval, P., Pe, M. L., & Kuppens, P. (2018). Why I don't always know what I'm feeling: Within-person fluctuations in emotion differentiation and the role of stress. *Journal of Personality and Social Psychology*. 115(2), 179-191. doi: 10.1037/pspa0000126
- Kalokerinos, E. K.**, Kjelsaas, K., Bennetts, S., & von Hippel, C. (in press). Men in pink-collars: Stereotype threat and disengagement among male teachers and child protection workers. *European Journal of Social Psychology*. 47, 553-565. doi: 10.1002/ejsp.2246
- Résibois, M., **Kalokerinos, E. K.**, Verleysen, G., Kuppens, P., Van Mechelen, I., Fossati, P., & Verduyn, P. (2017). The relation between rumination and temporal features of emotion intensity. *Cognition and Emotion*, 32(2), 259-274. doi: 10.1080/02699931.2017.1298993
- Kalokerinos, E. K.**, Tamir, M., & Kuppens, P. (2017). Instrumental motives in negative emotion regulation in daily life: Frequency, consistency, and predictors. *Emotion*, 17(4), 648-657. doi: 10.1037/emo0000269
- Greenaway, K. H.\*, & **Kalokerinos, E. K.**\*. (2017). Suppress for success?: Exploring the contexts in which expressing positive emotion can have social costs. *European Review of Social Psychology*, 28(1), 134-174. doi: 10.1080/10463283.2017.1331874
- Kalokerinos, E. K.**, Résibois, M., Verduyn, P., & Kuppens, P. (2017). The temporal deployment of emotion regulation strategies during negative emotional episodes. *Emotion*. 17(3), 450-458. doi: 10.1037/emo0000248
- Kalokerinos, E. K.**\*, Greenaway, K. H.\*, & Casey, J. P. (2017). Context shapes social judgments of positive emotion suppression and expression. *Emotion*. 17(1), 169-186. doi: 10.1037/emo0000222
- von Hippel, C., **Kalokerinos, E. K.**, & Zacher, H. (2017). Stereotype threat and perceptions of family-friendly policies among female employees. *Frontiers in Psychology*. 7(2043), 1-10. doi: 10.3389/fpsyg.2016.02043

- Kalokerinos, E.K.**, Greenaway, K. H., & Denson, T. F. (2015). Reappraisal but not suppression down-regulates the experience of positive and negative emotion. *Emotion*, *15*(3), 271-275. doi: 10.1037/emo0000025
- Kalokerinos, E. K.**, von Hippel, C., & Henry, J. D. (2015). Job attitudes are differentially associated with bridge employment and phased retirement among older Australian employees. *Work, Aging, and Retirement*, *1*(2), 190-201. doi: 10.1093/workar/wau014
- Kalokerinos, E.K.**, von Hippel, W., Henry, J. D., & Trivers, R. (2014). The aging positivity effect and immune function: Positivity in recall predicts higher CD4 counts and lower CD4 activation. *Psychology and Aging*, *29*(3), 636-641. doi: 10.1037/a0037452
- Kalokerinos, E. K.**, Greenaway, K. H., Pedder, D. J., & Margetts, E. A. (2014). Don't grin when you win: The social costs of positive emotion expression in performance situations. *Emotion*, *14*(1), 180-186. doi: 10.1037/a0034442
- Kalokerinos, E. K.**, von Hippel, C., & Zacher, H. (2014). Is stereotype threat a useful construct for organizational psychology research and practice? [Target article]. *Industrial and Organizational Psychology: Perspectives on Science and Practice*, *7*(3), 381-402. doi: 10.1111/iops.12167
- von Hippel, C., **Kalokerinos, E. K.**, & Henry, J. D. (2013). Stereotype threat among older employees: Relationship with job attitudes and turnover intentions. *Psychology and Aging*, *28*(1), 17-27. doi: 10.1037/a0029825
- von Hippel, C., & **Kalokerinos, E. K.** (2012). When temporary employees are perceived as threatening: Antecedents and consequences. *Leadership & Organization Development Journal*, *33*(2), 200-216. doi: 10.1108/01437731211203483

## AWARDS AND GRANTS

---

### EXTERNAL GRANTS

- |   |             |
|---|-------------|
| <b>Discovery Early Career Researcher Award</b>  | 2018-2020   |
| AU \$365,994 over three years, Australian Research Council<br>Project “ <i>Putting emotion regulation in context</i> ”<br>16.3% success rate (2018)   |             |
| <b>Marie Skłodowska-Curie Individual Fellowship</b>   | 2016 - 2018 |
| €172,800 over two years, European Commission (Research funding body of the European Union)<br>Project: “ <i>Understanding and training context-dependent emotion regulation</i> ” [ERContext]<br>14.3% success rate (2016), proposal scored 95.2/100 (top band) |             |
| <b>Society of Australasian Social Psychologists Small Grant Scheme</b>  | 2013        |
| \$AU 500, Society of Australasian Social Psychologists<br>Project: “ <i>The upside of down-regulation: Can suppressing positive emotions improve interpersonal relationships?</i> ”   |             |
| <b>Australian Postgraduate Award</b>  | 2010 -2013  |
| AU \$25,392 per annum for 3.5 years, Australian Government  |             |

Project: “*The health protective function of the ageing positivity effect*”

### **INTERNAL GRANTS**

**Early Career Researcher (ECR) Higher Degree by Research (HDR) Scholarship** 2018 - 2021

AU \$27,082 per annum for 3.5 years to fund a PhD student in my laboratory, The University of Newcastle

**Priority Research Centre for Brain & Mental Health - Infrastructure Grant Round 2018** 2018

**Kalokerinos, E. K. (CI) & Saeedian, Y:**

AU \$5,000 to purchase smartphones for Experience Sampling research in our laboratory

**ACT Ambulance Service and University Industry Collaborations Support Scheme** 2018

Pammer, K. (CI), **Kalokerinos E. K.**, & Freeman, E.

AU \$20,000 (\$10,000 from ACT Ambulance Service, \$10,000 from University)

Project “*Modelling stress and managing burn-out in ambulance 000 call-takers*”

**University Industry Collaborations Support Scheme** 2018

Subasic, E. (CI), **Kalokerinos E. K.**, Rubin, M., & Paolini, S.

AU \$5,000

Project “*The psychology of gender and cultural diversity at work: New insights and pathways for change*”

### **RESEARCH AND TRAVEL AWARDS**

**Grant for Participation in an International Conference** 2017

Research Foundation – Flanders (FWO)

Competitive travel award to present at the Society for Affective Sciences 2017 annual meeting, €1000

**Best Flash Talk Award** 2016

Society for Affective Sciences 2016 annual meeting

**Grant for Participation in an International Conference** 2016

Research Foundation – Flanders (FWO)

Competitive travel award to present at the Society for Affective Sciences 2016 annual meeting, €1000

**Grant for Participation in an International Conference** 2015

Research Foundation – Flanders (FWO)

Competitive travel award to present at the Society for Personality and Social Psychology 2015 annual meeting, €1000

**SPSP 2014 Graduate Student Travel Award** 2014

Society for Personality and Social Psychology

Competitive travel award to present at the Society for Personality and Social Psychology 2014 annual meeting, US \$500

**Graduate School International Travel Award** 2013

The University of Queensland Graduate School  
Competitive travel award to visit the Jacobs Center for Lifelong Learning,  
Bremen, Germany AU \$5,000

### **TEACHING AWARDS**

- |  |      |
|--|------|
| <b>Teaching and Learning Award</b><br>University of Queensland, Faculty of Social and Behavioural Sciences<br>Competitive award for excellence in undergraduate teaching, AU \$1,000 | 2013 |
| <b>Teaching Excellence Award</b><br>University of Queensland, School of Psychology<br>Inaugural recipient of a competitive award for excellence in undergraduate teaching, AU \$200  | 2012 |

### **REFEREED CONFERENCE PRESENTATIONS**

---

#### **SYMPOSIA ORGANISATION**

- |   |      |
|---|------|
| <b>Psychology in Everyday Life</b><br>Society for Experimental Social Psychology, Seattle, USA<br>Speakers: Elise Kalokerinos, Michael Slepian, Nickola C. Overall, Pamela K. Smith<br>Chairs: Katharine Greenaway, Elise Kalokerinos, and Michael Slepian  | 2018 |
| <b>Emotions in everyday life</b><br>Society of Australasian Social Psychologists conference, Wellington, New Zealand<br>Speakers: Katharine Greenaway, Cindy Harmon-Jones, Elise Kalokerinos<br>Chair: Elise Kalokerinos  | 2018 |
| <b>Putting emotions in context: How the effects of expressing and regulating emotions change across situations</b><br>18 <sup>th</sup> General Meeting of the European Association of Social Psychology<br>Speakers: Antony Manstead, Gerben van Kleef, Elise Kalokerinos, Katharine Greenaway, Liat Netzer<br>Chair: Elise Kalokerinos | 2017 |
| <b>Emotion experience and expression in situ: The who, when, where, and how of social outcomes of emotion</b><br>Society for Experimental Social Psychology, Denver, USA<br>Speakers: James Russell, Maya Tamir, Katharine Greenaway, & Jessica Salerno<br>Chairs: Katharine Greenaway & Elise Kalokerinos                              | 2015 |
| <b>The positive cost: Personal and social costs to experiencing and expressing positive emotion</b><br>Society for Personality and Social Psychology, Long Beach, USA<br>Speakers: Jessica Tracy, Michelle Shiota, Lisa Williams, & Elise Kalokerinos<br>Chairs: Katharine Greenaway & Elise Kalokerinos                                | 2015 |

**Regulating emotion and motivation for personal and social goals** 2014  
 Society of Australasian Social Psychologists conference, Canberra,  
 Australia  
 Speakers: Elise Kalokerinos, Lisa Williams, Katharine Greenaway, &  
 Stephanie Tobin  
 Chairs: Katharine Greenaway & Elise Kalokerinos

### **CONFERENCE PRESENTATIONS AND POSTERS**

- Kalokerinos, E. K., Tamir, M., & Kuppens, P. (October, 2018). *Motivated emotion regulation in everyday life*. Talk to be presented at the Society for Experimental Social Psychology annual meeting, Seattle, USA.
- Kalokerinos, E. K., Rummens, K., Meers, K., & Kuppens, P. (April, 2018). *Should you be ready for the worst? Negative emotional anticipation and reactivity and recovery from a negative event*. Flash talk presented at the Society for Affective Science annual meeting, Boston, USA.
- Kalokerinos, E. K., Rummens, K., Meers, K., & Kuppens, P. (April, 2018). *Should you be ready for the worst? Negative emotional anticipation and reactivity and recovery from a negative event*. Talk presented at the Society for Australasian Social Psychologists annual meeting, Wellington, NZ.
- Kalokerinos, E. K., Rummens, K., Meers, K., Résibois, M., Verduyn, P., & Kuppens, P. (July, 2017). *Mapping temporal processes in emotion regulation in daily life*. Talk presented at the 15<sup>th</sup> European Congress of Psychology, Amsterdam, The Netherlands.
- Kalokerinos, E. K., & Kuppens, P. (July, 2017). *Mapping the role of context in emotion regulation*. Talk presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain.
- Kalokerinos, E.K., Résibois, M., Verduyn, P., & Kuppens, P. (April, 2017). *The temporal deployment of emotion regulation strategies during negative emotional episodes*. Flash talk presented at the Society for Affective Science annual meeting, Boston, USA.
- Kalokerinos, E. K., Greenaway, K. H., & Bingley, W. (September, 2016). *Suppression: The social benefits of hiding positive emotion*. Talk presented at the Society for Experimental Social Psychology annual meeting, Santa Monica, USA.
- Kalokerinos, E. K., Greenaway, K. H., Ceulemans, E., & Kuppens, P. (July, 2016). *A layperson-oriented approach to emotion regulation*. Talk presented at the Consortium of European Research on Emotion (CERE), Leiden, The Netherlands.
- Kalokerinos, E. K., & Greenaway, K. H. (April, 2016). *Context shapes social judgments of positive emotion suppression and expression*. Talk presented at the European Association of Social Psychology Medium Size meeting “Promoting a Social Approach to Emotions”, Cologne, Germany.
- Kalokerinos, E. K., Ceulemans, E., & Kuppens, P. (March, 2016). *A layperson-oriented approach to emotion regulation*. Flash talk presented at the Society for Affective Science annual meeting, Chicago, USA.

- Kalokerinos, E. K., Greenaway, K. H., & Bingley, W. (March, 2016). *Expressive suppression as emotion accommodation: The social benefits of positive emotion suppression when used to match another's emotions*. Flash talk presented at the Positive Emotions Preconference of the Society for Affective Science, Chicago, USA.
- Kalokerinos, E. K., & Greenaway, K. H. (July, 2015). *Context shapes social judgements of emotion suppression and expression*. Poster presented at the International Society for Research on Emotion conference, Geneva, Switzerland.
- Kalokerinos, E. K., & Greenaway, K. H. (February, 2015). *Suppress for success: Positive emotion expression after winning comes with social costs*. Talk presented the Society for Personality and Social Psychology annual meeting, Long Beach, USA.
- Kalokerinos, E. K., & Greenaway, K. H. (April, 2014). *Emotion regulation and personality perception*. Talk presented at the Society for Australasian Social Psychologists annual meeting, Canberra, Australia.
- Kalokerinos, E. K., Greenaway, K. H., Pedder, D. J., & Margetts, E. A. (February, 2014). *Don't grin when you win: The social costs of positive emotion expression in performance situations*. Poster presented at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
- Kalokerinos, E. K., von Hippel, W., & Henry, J. D. (April, 2013). *The role of the aging positivity effect in physical health*. Talk presented at the Society for Australasian Social Psychologists annual meeting, Cairns, Australia.
- Kalokerinos, E. K., von Hippel, W., & Henry, J. D. (January, 2013). *The health protective function of the aging positivity effect*. Poster presented at the 14<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana.
- Kalokerinos, E. K., von Hippel, W., & Henry, J. D. (April, 2012). *The health protective function of the aging positivity effect*. Talk presented at Society for Australasian Social Psychologists annual meeting, Adelaide, Australia.
- Kalokerinos, E. K., von Hippel, C. & Henry, J. D. (April, 2011). *Stereotype threat among older employees: Relationship with job attitudes and intentions to resign or retire*. Talk presented at the Society for Australasian Social Psychologists annual meeting, Sydney, Australia.

### **INVITED TALKS**

- Kalokerinos, E. K. (August, 2018). *Imprecision inhibits implementation: Low emotion differentiation is associated with ineffective emotion regulation in daily life*. Invited talk at the University of Melbourne Ethics and Wellbeing hub, Melbourne, Australia
- Kalokerinos, E. K. (May, 2018). *Putting emotion regulation in context*. Invited talk at the University of New South Wales Psychology Colloquia series, Sydney, Australia.

Kalokerinos, E. K. (January, 2018). *Should you be ready for the worst? Negative emotional anticipation and reactivity and recovery from a negative event*. Invited talk at The University of Amsterdam, Amsterdam, The Netherlands.

Kalokerinos, E. K. (September, 2015). *The role of context in emotion regulation*. Invited talk at The University of Groningen, Groningen, The Netherlands.

Kalokerinos, E. K., von Hippel, W., & Henry, J. D. (May, 2013). *The role of the aging positivity effect in physical health*. Invited talk at Brisbane Symposium on Self and Identity, Brisbane, Australia.

Kalokerinos, E. K., Greenaway, K. H., Pedder, D. J., & Margetts, E. A. (February, 2013). *The social benefits of emotion suppression in outperformance situations*. Invited talk at The University of Groningen, Groningen, The Netherlands.

Kalokerinos, E. K., von Hippel, W., von Hippel, C., & Henry, J. D. (February, 2013). *The role of the aging positivity effect in physical health*. Invited talk at the Jacobs Center for Lifelong Learning, Jacobs University, Bremen, Germany.

Kalokerinos, E. K. & von Hippel, C. (September, 2011). *Stereotype threat in the workplace*. Applied seminar given to Diversity Council Australia, a leading national group of human relations and diversity management practitioners.

## **TEACHING EXPERIENCE**

---

### **SUPERVISION**

**PhD Supervision (1 student)** 2018

**Honours Supervision (5 students)** 2014 - 2018

**Master's Thesis Supervision (3 students)** 2014 - 2018

*These students complete a 2-year program including a thesis in publication format*

**Internship Supervision (7 students)** 2015 - 2018

*These students complete a year-long internship working intensively on a single research project (approximately equivalent to Honours in Australia)*

**Research Experience Student Supervision (6 students)** 2013 – 2014

*This is a semester-long research experience program for undergraduate students*

### **TEACHING**

**Tutor: 2<sup>nd</sup> year Social and Organisational Psychology** 2010 – 2013

Tutoring this course involved developing and presenting lectures to tutorial groups (~30 students), assisting students in developing and executing their own research project, working with students to conduct statistical analyses, and grading written essays.

Average teaching evaluations: 4.8/5



**Tutor: 1<sup>st</sup> year Introduction to Psychology (Social, Developmental, and Organisational Psychology)** 2010  
 Tutoring this course involved presenting lectures to tutorial groups (~30 students) and grading written essays.  
Average teaching evaluations: 4.7/5

## PROFESSIONAL SERVICE AND OUTREACH

---

**Special issue editor:** 2018

- *European Journal of Personality Assessment* special issue on *Capturing the dynamics of emotion and emotion regulation in daily life with ambulatory assessment* (Peter Koval, **Elise Kalokerinos**, Philippe Verduyn, & Samuel Greiff)

**Editorial board member for:** 2017 - present

- *Cognition & Emotion*

**Ad hoc reviewer for:** 2012 - present

- *Psychological Science*
- *Journal of Personality and Social Psychology*
- *Emotion*
- *Psychological Bulletin*
- *Emotion Review*
- *Personality and Social Psychology Bulletin*
- *Cognition & Emotion*
- *Motivation and Emotion*
- *Journal of Personality*
- *Journal of Research in Personality*
- *European Journal of Social Psychology*
- *Motivation Science*
- *Journal of Cognitive Psychology*
- *European Journal of Work and Organizational Psychology*
- *Journal of Theoretical Social Psychology*
- *Australian Journal of Psychology*
- *Human Resource Management*
- *Anxiety, Stress, & Coping*
- *PLOS ONE*
- *BMC Psychiatry*

**Society for Affective Science (SAS) Positive Emotions Preconference committee** 2018-2021

Incoming Chair for 2019 preconference, Chair for 2020 preconference, and Outgoing Chair 2021 preconference

**Member, Priority Research Centre for Brain & Mental Health Early Career Researcher Committee** 2018-present

Includes organizing the annual Early Career Researcher conference

**Member, School of Psychology Early Career Researcher Group** 2018- present

**Member, MobileQ app development group** 2017- present

Part of a group of 5 psychology researchers and programmers developing an experience sampling application

**Stand Coordinator, Science Day Leuven (Dag van de Wetenschap)** 2017

Coordinated a stand in a day-long science festival teaching children and adults about emotion regulation. More than 3000 community members visited this event.

**Invited Panel Participant, Marie Skłodowska-Curie Actions Conference** 2017

Part of the Plenary Panel “20 Years of MSCA: How has researchers’ mobility impacted on careers, organisations, and countries”

**Participant, Falling Walls Lab KU Leuven** 2017

Participant in an event focused on communicating research to a lay audience in three minutes. Also participated in two science communication workshops to prepare for this event.

**Inaugural Participant, Researchers at School and at University (Re@ct) Initiative** 2016 -2017

Ongoing workshops communicating research to students across Belgium European Commission, Brussels

**Head of the Research Higher Degree Day Organization Committee** 2012

The University of Queensland, School of Psychology

**Summer School Organizer, Australasian Summer School in Social Psychology** 2011-2012

Society of Australasian Social Psychologists

**Laboratory Manager, von Hippel lab group** 2010-2014

The University of Queensland, School of Psychology

## **AFFILIATIONS AND MEMBERSHIPS**

---

Society for Affective Science (SAS)

Society of Australasian Social Psychologists (SASP)

Society for Personality and Social Psychology (SPSP)

International Society for Research on Emotion (ISRE)

Association for Psychological Science (APS)